

Sheet1

| CAL | TITLE,C,50 | ID,NCAT1,C,15 | CAT2,C,15 | CAT3,C,15 | SEF |
|-----|--|---------------|-------------|-------------|-----|
| | Chicken with Peppers | 1 Poultry | Chicken | Main Dish | 4 |
| | Fettuccine with Mushroom and Brie Sauce | 2 Pasta | Italian | Meatless | 4 |
| | Seafood Gumbo | 3 Cajun | Seafood | Soup | 24 |
| | Potato Salad with Herbs | 4 Salad | Potato | Herb | 6 |
| | Roy's Salsa | 5 Tex-Mex | | | 0 |
| | Worried Fried Green Tomatoes | 6 Vegetable | Tomato | Meatless | 4 |
| | Chicken Breasts Marsala | 7 Chicken | Italian | Poultry | 4 |
| | Mama's Baked Eggplant | 8 Side Dish | Vegetable | Meatless | 6 |
| | BBQ Dry Rub - 12-22-91 | 9 smoked | BBQ | Outdoor | 1 |
| | Banana Cream Cheese Pie | 10 Banana | Dessert | | 6 |
| | Brenda's Potatoes Rosemary | 11 Potatoes | Vegetable | | 4 |
| | Chuck's Clam Chowder | 12 soup | Seafood | Clams | 6 |
| | Lemon-Pepper Chicken | 13 Chicken | Main Course | | 4 |
| | Pineapple Beef Marinade | 14 Beef | Marinade | | 2 |
| | Seared Tuna Steaks w/ Green Peppercorn Sauce | 15 Fish | Main Dish | Seafood | 2 |
| 49 | Tarragon-Mustard Burgers | 16 Chicken | Chicken | Main Course | 4 |
| | Tom Brown's Pork Tenderloins | 17 Meats | Outdoor | Pork | 4 |
| | Wing-Ding | 18 Chicken | | | 4 |
| | BEEF STROGANOV | 19 To be edit | | | 4 |
| | DELENA'S RICE CRISPIES FRIED CHICKEN | 20 To be edit | | | 2 |

Sheet1

| SOURCE,C,30 | DIR,M | TIME,C,FA\CHO,C,4 | MARK,C,4 |
|--------------------------------|-------|-------------------|----------|
| | | 1 | |
| Overton Anderson | | | |
| Overton Anderson | | | |
| Overton Anderson | | | |
| Overton Anderson | | 30 | |
| Overton Anderson | | 30 | |
| Nola Anderson | | | |
| Overton Anderson | | | |
| The Collection of Chuck Ripple | | 50 mn | |
| The Collection of Chuck Ripple | | 1 hr | |
| The Collection of Chuck Ripple | | 1.5hr | |
| The Collection of Chuck Ripple | | | |
| The Collection of Chuck Ripple | | 1 hr | |
| The Collection of Chuck Ripple | | 10 mn | |
| The Collection of Chuck Ripple | | 6 mn | 3 |
| The Collection of Chuck Ripple | | 15 mn | |
| The Collection of Chuck Ripple | | 15 mn | |
| Rick Grunwald | | | |
| Delena Gaittino | | | |